Welcome to the Every Child Ready @ Home calendar! Here, you will find activities designed for your young learner over the next four weeks. This calendar will focus on Our Earth! Try all of the activities or pick those that work best for your family.

Visit AppleTree’s Distance Learning Page and social media regularly for additional resources and updates.

Getting Started:

Using the Calendar
Activities are organized by day. You can scroll through the days or click directly from the weekly calendar. You can also access the book of the week from the weekly schedule.

Daily Print Materials
Each day includes 5 activities for your child. There are often print materials. You do NOT need to print. You can show your child on a device or draw materials of your own. If you would like to see the daily materials, click at the top of each page.

Accessing Helpful Resources
Within lessons, you’ll find helpful links to additional resources, such as activity videos and examples.

Let’s Get Started!
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Read Count the Noisy Birds
Morning Connection: Calm Coloring

MATERIALS: Calm Coloring Pages, optional - coloring books
- Print or draw the images. Your child can also use coloring books.
- Say, When you feel sad, mad, or frustrated, you can calm your body by coloring a picture.
- Together, start coloring. Ask, How do you feel when your body is calm?
- Try coloring when your child (or you) feel frustrated or upset during the day.

Math Talk: Making Sets

MATERIALS: paper plate, crayons, or other small items
- Together, practice creating sets. Say, I will say a number. You put the set, or group of things, on the plate.
- Put one crayon on the paper plate. Here is a set of one!
- Your turn! Make a set of two!
- Have your child make sets up to five.

Independent Learning: What’s the Weather?

MATERIALS: paper, crayons
- Help your child fold 2-3 pieces of paper in half to create a booklet.
- Have your child independently draw a cover for their book.
- Together, look out a window and observe the weather. Your child can independently draw the weather in their booklet on the first page.
- Later, ask, What was the weather today? How did you know it was _{weather}_?

Literacy: Story Events

MATERIALS: any book
- Read a book with your child. Then, talk about the events in the story. Say, An event is something that happened. What happened in the story?
- Review and retell the events together.

Read: Count the Noisy Birds

MATERIALS: Count the Noisy Birds book
- Together, read Count the Noisy Birds. Then, use the book to practice counting the birds by color. Help your child point to each bird as they count.
- Want more ideas for this book? Check out the book guide.
Morning Connection: Wall Pushes

- Say, We all have big feelings, like excited, frustrated, or mad. We can do wall pushes to help us with these big feelings, so we can feel calm.
- Demonstrate wall pushes. Place both palms flat on a wall and push as hard as you can. Have your child practice with you. Ask, How does your body feel when you are pushing? How does your body feel when you relax?
- Try wall pushes when your child (or you) have big feelings during the day.

Math Talk: Making Sets

MATERIALS: paper plate, crayons, or other small items
- Together, practice creating sets. Say, I will say a number. You put the set, or group of things, on the plate.
- Put three crayons on the paper plate. Here is a set of three!
- Your turn! Make a set of five!
- Have your child make sets up to five.

Independent Learning: A Cloudy Day

MATERIALS: paper, crayons
- Together, look out a window to observe the clouds.
- Have your child independently draw the clouds they see.
- Later, ask, Where can we find clouds? What colors are your clouds?

Literacy: Story Events

MATERIALS: any book
- Read a book with your child. Then, talk about the events in the story. Say, An event is something that happened. What happened in the story?
- Review and retell the events together.

Explore: Solids vs. Liquids

MATERIALS: plastic cups, measuring cups, a large bowl, ice
- Fill a sink with water and a bowl with ice. Say, This is a solid. It has a shape that is hard to change. Try to squeeze and break the ice cube.
- Show your child a cup of water. Say, This is a liquid. Liquids flow and change shape. They take the shape of the container they are in. Pour the water from one cup to another.
- Together, explore the water and ice cubes. Ask, What might happen if we put the ice in the water?
Morning Connection: Scribble Art

MATERIALS: paper, marker, crayons
- Say, *When you feel sad, mad, or frustrated, you can calm your body by creating scribble art!*
- With your child, use a marker, without lifting it from the paper, to make a random design or pattern.
- Then, use crayons to fill in the shapes created by the design.

Math Talk: Count 10

MATERIALS: container, cotton balls, or other small items.
- With your child, **practice counting** 10 cotton balls. **Say one**, as you **place one** cotton ball in the container. **Continue counting** to 10. **Remove** the cotton balls.
- Then, have your child **count and place** the cotton balls in the container.
- **Repeat, counting** different amounts of cotton balls from 1-10.

Independent Learning: What’s the Weather?

MATERIALS: weather booklet, crayons
- Together, look out a window and **observe the weather**. Your child can **independently draw the weather** in their booklet on page 2. Have your child draw a back cover for their book.
- Later, ask, **What was the weather today? How did you know it was [weather]_? What else do you observe about the weather?**

Literacy: Story Elements

MATERIALS: any book
- Read a book with your child. Then, talk about the events in the story. Say, **An event is something that happened. What happened in the story?**
- Review and retell the events together.

Read: Count the Noisy Birds

MATERIALS: *Count the Noisy Birds* book, paper, crayons
- Together, **read Count the Noisy Birds**. Create 0-10 number cards. **Show** a number card. Ask your child to **say the number**, then **write** it on their paper.
- Want more ideas for this book? Check out the book guide.
Morning Connection: Calm Music

**MATERIALS:** calm music

- Say, *We can listen to music to calm our bodies.* Together, listen to calm music. Say, *While we listen we can gently move our bodies.* Encourage your child to slowly sway back and forth.
- Try soothing music when your child (or you) need to regain a feeling of calm.

Math Talk: Making Sets

**MATERIALS:** paper plate, crayons, or other small items

- Together, practice creating sets. Say, *I will say a number. You put the set, or group of things, on the plate.*
- Put four crayons on the paper plate. *Here is a set of four!*
- Your turn! Make a set of six!
- Have your child make sets up to eight.

 Independently Learning: My Favorite Season

**MATERIALS:** paper, crayons, *optional - Seasons*

- Together, *talk* about the weather, clothing, and activities of each season.
- Have your child *independently draw and write* about their favorite season.
- Later, ask, *What is your favorite season? Why is ___(season)___ your favorite?*

Literacy: Left to Right

**MATERIALS:** crayons, Curves

- Use the lines provided or write your own.
- Say, *When we write, we start at the left and move to the right.*
- Have your child *trace* the curved lines from left to right with their finger a few times.
- Then, your child can use a crayon to independently *trace* the lines.

Explore: Measuring Rain

**MATERIALS:** clear container, cup, strip of paper, marker

- Talk about why people measure the rain. Say, *Let’s measure the rain using a strip of water.*
- Fill a container with water. Stand the paper next to the container. Then, *draw a line* at the top of the water line.
- Ask, *What will happen to the line if I add more water?* Add more water. Ask, *Where is the line I drew? Yes, below the water!*
- Continue to add more water and mark the level using paper.

Morning Connection: Child Choice

- You’ve practiced four calming activities this week! Calm coloring, wall pushes, scribble art, and calm music. Great job!
- Let your child pick which calming activity you try today.

Math Talk: Count 10

MATERIALS: container, cotton balls, or other small items.

- With your child, practice counting 10 cotton balls. Say one, as you place one cotton ball in the container. Continue counting to 10. Remove the cotton balls.
- Then, have your child count and place the cotton balls in the container.
- Repeat, counting different amounts of cotton balls from 1-10.

Independent Learning: What’s the Weather?

MATERIALS: weather booklet, crayons

- Together, look out a window and observe the weather. Your child can independently draw the weather on the next page of their booklet.
- Later, ask, What was the weather today? How did you know it was_(weather)_? What do you think the weather will be like tomorrow? Why?

Math Talk: Count 10

MATERIALS: container, cotton balls, or other small items.

- With your child, practice counting 10 cotton balls. Say one, as you place one cotton ball in the container. Continue counting to 10. Remove the cotton balls.
- Then, have your child count and place the cotton balls in the container.
- Repeat, counting different amounts of cotton balls from 1-10.

Reading: Count the Noisy Birds

MATERIALS: Count the Noisy Birds book

- Together, read Count the Noisy Birds. Then, go on a scavenger hunt. Look for the numbers 0-10 in your home. Look at things like, mail, food containers, or books.
- Want more ideas for this book? Check out the book guide.
We Want Your Feedback!

Please take a few minutes to tell us about your experience with Every Child Ready @Home. You'll be entered in a drawing to win a free set of ECR books!
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**COMING SOON**