Welcome to the Every Child Ready @ Home calendar! Here, you will find activities designed for your young learner over the next four weeks. This calendar will focus on Our Earth! Try all of the activities or pick those that work best for your family.

Visit AppleTree’s Distance Learning Page and social media regularly for additional resources and updates.

Getting Started:

Using the Calendar
Activities are organized by day. You can scroll through the days or click directly from the weekly calendar. You can also access the book of the week from the weekly schedule.

Daily Print Materials
Each day includes 5 activities for your child. There are often print materials. You do NOT need to print. You can show your child on a device or draw materials of your own. If you would like to see the daily materials, click Daily Print Materials at the top of each page.

Accessing Helpful Resources
Within lessons, you’ll find helpful links to additional resources, such as activity videos and examples.

Let’s Get Started!
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Day 1 Lessons
Day 2 Lessons
Day 3 Lessons
Day 4 Lessons
Day 5 Lessons

Read *The Inside of the Earth*
Morning Connection: Feelings Scale

MATERIALS: Feelings Poster
- Start your day with a feelings check-in.
- Point to a feeling and explain why you feel that way. Have your child point and share how they feel and why. Show understanding for your child’s feelings. If they feel upset or sad, review how to use the calming space.
- Together, check-in throughout the day to talk about how feelings change.

Letter Talk: H

MATERIALS: Large Letter H
- Practice the letter H. Say, Make an H by writing down, down, across. Have your child say the letter H! Make the sound for H, like hat. Finally, have your child trace the H with their finger.
- See how many uppercase H’s you can find together throughout the day!
- Don’t worry if your child needs more time to learn the letter H!

Independent Learning: Earth Coloring

MATERIALS: Earth Coloring Pages, crayons
- Print or draw the images. Or, encourage your child to draw Earth!
- Have your child independently color each of the pictures.
- Later, ask, Can you tell me about your pictures? Why did you color this part blue? Can you point to the land?

Math: Wiggle Patterns

- Together, practice patterns by playing a movement game. Think of three movements to repeat over and over. Say, I am going to jump, wiggle, clap, jump, wiggle, clap. Have your child continue your pattern.
- Create patterns in a different order, like jump, jump, clap or wiggle, jump, jump.
- Switch roles. Your child creates a movement pattern and you continue it.

Read: The Inside of the Earth

MATERIALS: The Inside of the Earth book
- Together, read Inside of the Earth. Then, use the book to talk about the four layers. Say, The very inside layer of the Earth is the inner core. The inner core is made of metal and rock. It’s very hot. Repeat for outer core, mantle, and crust.
- Want more tips for this book? Check out the book guide.
Morning Connection:
Feelings Scale

MATERIALS: Feelings Poster

- Start your day with a feelings check-in.
- **Point to the Feelings poster and say how you feel and why.** Then, ask your child to point and share how they feel and why. Provide understanding for your child’s feelings. If they feel upset or sad, review how to use the calming space. Learn more [here](#).
- Check-in throughout the day. Talk about how feelings change.

Independent Learning:
Letter H

MATERIALS: paper, pencil, letter H’s

- **Brainstorm** words that start with the letter H.
- Have your child **independently practice tracing the letter H**. Use the provided sheet or make one of your own.
- Your child can **color in the provided pictures** or draw and color ones they create. (heart, horse).
- Later, ask, **What letter did you write? What other words start with the same sound as hat?**

Math:
Wiggle Patterns

Together, practice patterns by playing a movement game. Think of three movements to repeat over and over. Say, *I am going to spin around, jump, clap, spin around, jump, clap, spin around.* Have your child continue your pattern.

- Create patterns in a different order, like spin, spin, clap or spin, jump, jump.
- **Switch roles.** Your child creates a movement pattern, and you continue it.

Explore:
Pet Rock

MATERIALS: a small rock, a small box, paper, optional - paint, small blanket

- **Take a walk** outside and look for a rock.
- Together, create a home for the **pet rock**. Place the rock in a small box. Tear up some paper to add as bedding.
- Have your child think of a name for their rock. During the week, encourage your child to check on and care for their rock.
- If using paint, add details to the rock, like a face.
Morning Connection: Feelings Scale

MATERIALS: Feelings Poster

- Start your day with a feelings check-in.
- Point to the Feelings poster and say how you feel and why. Then, ask your child to point and share how they feel and why. Provide understanding for your child’s feelings. If they feel upset or sad, review how to use the calming space.
- Check-in throughout the day. Talk about how feelings change.

MATERIALS: Large Letter L

- Practice the letter L. Say, Make an L by writing down, over. Have your child say the letter L! Make the sound for L, like lemon. Finally, have your child trace the L with their finger.
- See how many uppercase L’s you can find together throughout the day!
- Don’t worry if your child needs more time to learn the letter L!

Letter Talk: L

Independent Learning: Air, Land, Sea

MATERIALS: Air-Land-Sea Coloring pages, crayons,

- Print or draw the images.
- Have your child independently trace the words and color the pictures.
- Later, ask, What other things are found in the sea? How do you know those things belong there? Would you rather travel by air, land, or sea? Why?

Math: Making Sets

MATERIALS: paper plate, crayons or other small items

- Together, practice creating sets. Say, I will say a number. You put the set, or group, of things on the plate.
- Put one crayon on the paper plate. Here is a set of one!
- Your turn! Make a set of two!
- Have your child make sets up to five.

Read: The Inside of the Earth

MATERIALS: The Inside of the Earth book, 4 types of paper

- Together, read The Inside of the Earth.
- With your child, use the paper to create the four layers of the Earth. Create a crumpled ball to show the inner core. Then, wrap the inner core with another piece of paper to show the outer core. Continue adding paper to show the mantle and crust.
- You can also use four different colors of play dough to represent the layers.
Morning Connection: Feelings Scale

MATERIALS: Feelings Poster

- Start your day with a feelings check-in.
- **Point to the Feelings poster and say how you feel and why.** Then, ask your child to point and share how they feel and why. Provide understanding for your child’s feelings. If they feel upset or sad, review how to use the calming space.
- Check-in throughout the day, like at lunch and before bed. Talk about how feelings change.

Letter Talk: L

MATERIALS: Large Letter L

- Practice the letter L. Say, **Make an L by writing down, over.** Have your child **say the letter L!** Make the sound for L, like lemon. Finally, have your child **trace the L** with their finger.
- See how many uppercase L’s you can find together throughout the day!
- **Don’t worry if your child needs more time to learn the letter L!**

Independent Learning: Places on Earth

MATERIALS: On Earth, crayons

- Print or draw the images.
- Have your child **independently color** each of the landform pictures.
- Later, ask, **Can you tell me about the places on the coloring sheet?** Which would you like to visit? Why?

Math: Making Sets

MATERIALS: paper, crayons or other small items

- Together, practice creating sets. Say, **I will say a number. You put the set or group of things on the plate.**
- Put four crayons on the paper plate. **Here is a set of four!**
- **Your turn! Make a set of six!**
- Have your child make sets up to ten.

Explore: Salt Art

MATERIALS: paper, glue, crayons, salt, plate

- Have your child **draw a picture or shape** on a piece of paper. Talk with your child about what they drew.
- Slowly, trace the drawing with glue for your child. Help your child shake the salt over the glue. Move the paper around to cover more glue with salt.
- Pour loose salt off the artwork.

Mobile: Pinch to Zoom on the image or write one of your own.
Morning Connection: Feelings Scale

MATERIALS: Feelings Poster

- Start your day with a feelings check-in.
- Point to the Feelings poster and say how you feel and why. Then, ask your child to point and share how they feel and why. Show understanding for your child’s feelings. If they feel upset or sad, review how to use the calming space.
- Check-in throughout the day, like at lunch and before bed. Talk about how feelings change.

Letter Talk: H and L

MATERIALS: paper, crayons

- Make several letter H’s and L’s. Tear them apart to make cards.
- Together, play a letter matching game. Place the cards face down. Flip over two cards. If the letters match, say the letter name and make the sound. Put matching cards to the side. If the cards don’t match, flip them face down.
- Then, allow your child to take a turn. Play until all the letters are matched.

Independent Learning: Letter L

MATERIALS: paper, pencil, letter L’s

- Brainstorm words that start with the letter L.
- Have your child independently practice tracing the letter L. Use the provided sheet or make one of your own!
- Your child can color in the provided pictures or draw and color ones they create (lamp, lion).
- Later, ask, What letter did you write? Can you think of other words that start with the same sound as lemon?

Math: Wiggle Patterns

- Together, practice patterns by playing a movement game. Think of three movements to repeat over and over. Say, I am going to touch my head, touch my shoulders, touch my knees, head, shoulders, knees. Have your child continue your pattern.
- Create patterns in a different order, like touch your head, head, shoulders, or touch your knees, shoulders, shoulders.
- Switch roles. Your child creates a movement pattern and you continue it.

Read: The Inside of the Earth

MATERIALS: The Inside of the Earth book

- Together, read The Inside of the Earth. Then, use page 25 to talk about an erupting volcano: a volcano has magma, the pressure of the magma builds up, the volcano erupts.
- With your child, look at more pictures of volcanoes on your phone. Have your child draw and write about volcanoes. Ask, Can you tell me about your volcano?
### Week 2 Schedule

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