Welcome to the Every Child Ready @ Home calendar! Here, you will find activities designed for your young learner over the next four weeks. This calendar will focus on the natural world, dinosaurs, and fossils! Try all of the activities or pick those that work best for your family.

Visit AppleTree’s Distance Learning Page and social media regularly for additional resources and updates.

Getting Started:

Using the Calendar
Activities are organized by day. You can scroll through days or click directly from the weekly calendar. You can also access the book of the week from the weekly schedule.

Daily Print Materials
Each day includes 5 activities for your child. There are often print materials. You do NOT need to print. You can show your child on a device or draw materials of your own. If you would like to see the daily materials, click at the top of each page.

Accessing Helpful Resources
Within lessons, you’ll find helpful links to additional resources, such as activity videos and examples.

Let’s Get Started!
Week 1 Schedule

**Monday**
- Morning Connection: Warm Breath
- Math Talk: Number 0
- Independent Learning: My Garden
- Literacy: Our Routine
- Explore: Sophie's Garden

**Tuesday**
- Morning Connection: Feather Breath
- Math Talk: Number 0
- Independent Learning: Tree Drawings
- Literacy: Weekly Calendars
- Explore: Nature Sink or Float

**Wednesday**
- Morning Connection: Balloon Belly
- Math Talk: Number 0
- Independent Learning: Number 0
- Literacy: Front Cover
- Explore: Sophie's Garden

**Thursday**
- Morning Connection: Shy Turtle
- Math Talk: Number 0
- Independent Learning: Fruits and Vegetables
- Literacy: Front Cover
- Explore: Leaf Rubbings

**Friday**
- Morning Connection: Child Choice
- Math Talk: Number 0
- Independent Learning: Drawing Landscapes
- Literacy: Front Cover
- Read: Sophie's Garden

Day 1: Lessons
Day 2: Lessons
Day 3: Lessons
Day 4: Lessons
Day 5: Lessons

Read Sophie’s Garden
Morning Connection:
Warm Breath

- Start your morning with calming breaths!
- Say, Take a deep breath in through your nose. Breathe out through your mouth with a loud sigh.
- Try warm breaths when your child (or you!) gets frustrated throughout the day!

Math Talk: Number 0

- Show the zero. Say, This is zero. It curves down and curves up. Have your child say zero.
- Ask, What number is this? If your child needs help, say, This is zero. Say, zero.
- See how many zeros you can find together throughout the day!
- Don’t worry if your child needs more time to learn zero.

Independent Learning:
My Garden

MATERIALS: paper, crayons

- Together, brainstorm creative gardens, like a cookie garden!
- Have your child independently draw and write about their garden.
- It’s ok if your child scribbles or misspells words! That’s part of learning to write!

Literacy: Our Routine

MATERIALS: paper, crayons or pencil

- Plan a daily routine together. Have your child draw and write about each time of day.
- Think about times of day your child should try to be independent, like coloring, reading alone, or doing a simple chore!
- Routines can help each day feel safe and predictable for your child.
- Check out this example for ideas!

Read: Sophie’s Garden

- Read Sophie’s Garden. Count the fruits and vegetables together. Help your child point to each item as they count.
- Pretend to be in a garden counting. Take 4 steps in the garden. Bend down low. Grow up like a carrot 6 times. Pick 8 blueberries. Eat 10 bites of an apple.
- Want more for this book? Check out the book guide.
**Morning Connection: Feather Breath**

- Start your morning with calming breaths!
- Say, *Pretend to have a feather on your nose—breathe out of your mouth to blow the feather up into the air. Breathe in to bring your pretend feather back down.*
- Try feather breath when your child (or you!) gets upset or feels cooped up throughout the day.

**Math Talk: Number 0**

- Use the large zero or write one of your own.
- Show the number 0. Say, *This is zero. It curves down and curves up. Say, zero.* Have your child say zero.
- Then, ask your child, *What number is this?*

**Independent Learning: Tree Drawings**

**MATERIALS:** paper, crayons, *optional Tree*

- Look out a window for trees. *Talk* about the trees you see.
- Have your child *independently draw and color* trees.
- Later, say, *Tell me about your trees.* Talk about how they are the same and different from the trees outside.

**Literacy: Weekly Calendar**

**MATERIALS:** paper, marker or pencil

- Your child is still learning the days of the week. Sometimes they are unsure what will happen tomorrow.
- Make a weekly calendar. Talk about how weekends might be different than other days of the week. Point out special events, like calls to family. Say things like, *Tomorrow is Wednesday. I don’t work on Wednesdays. Tomorrow, I will be home with you!*
- Need inspiration? Check out our *example.*

**Explore: Nature Sink or Float**

**MATERIALS:** natural items that will sink or float, like sticks, leaves or pebbles

- Take a walk to *find* natural items or find water-proof items around your home.
- *Fill* a sink with water.
- Have your child *place items in the sink.* Say, I notice the _object_ went to the bottom. It sank. The _object_ is on top of the water. It floats.
- Together, make a list of things that floated and sank.
Morning Connection: Balloon Belly

- Start your morning with calming breaths!
- Say, Breathe in. Push your belly out as you fill it slowly with air, like a balloon. Hold the air for a count of three. 1-2-3. Slowly let out your breath. Try two more times.
- Try balloon belly when your child (or you!) get upset or feel cooped up throughout the day.

Math Talk: Number 0

- Use the large zero or write one of your own.
- Say, We can make zero by writing a curve down and a curve up. Trace the number as you talk.
- Have your child trace the zero with their finger.
- Consider having your child write a zero on several pieces of paper. Hide the zeros around your home. Have fun looking for the numbers!

Independent Learning: Number 0

MATERIALS: Paper, pencil, crayons, Numeral 0

- Have your child trace the zeros independently. Use the provided sheet or make one of your own!
- Your child can color the zero.
- Later, ask, What number is this? Show me how to write a zero.

Literacy: Front Cover

MATERIALS: any book

- Show the front of the book. Say, This is the front cover. The title is on the front. The title is the name of the book. Read the title.
- Give your child a book. Have them show you the front cover.
- Say, Tell me about the pictures on the cover.

Read: Sophie’s Garden

- Read the book, Sophie’s Garden. As you read, have your child trace each number with their finger.
- Want more tips on how to read the book? Check out the book guide.
Morning Connection: Shy Turtle

- Start your morning with calming breaths!
- Say, Pretend to be a turtle. Sit on your heels and bring your forehead to the floor. Take a deep breath and push your belly out. Hold for a count of three. 1-2-3. Slowly blow out the air.
- Try Shy Turtle when your child (or you!) needs to regain a sense of calm.

Math Talk: Number 0

- Use the large zero provided or write one of your own.
- Talk about writing zero. Say, We can make zero by writing a curve down and a curve up. Trace the number as you talk.
- Have your child trace the zero with their finger a few times.

Independent Learning: Fruits and Vegetables

MATERIALS: paper, crayons or pencil, optional - Fruits & Vegetables

- Use the sheet provided or make one of your own!
- Talk about your favorite fruits and vegetables. Your child can independently draw and write about their favorite fruits and vegetables.
- Later, Tell me about your drawing. Why is ___ (fruit or vegetable) your favorite?
- It's ok if your child scribbles or misspells words! That's part of learning to write!

Literacy: Front Cover

MATERIALS: any book

- Review the front cover. Say, This is the front cover. The author and illustrator are on the front. The author writes the story. The illustrator draws the pictures. Read the name of the author and illustrator.
- Give your child a book. Have them show you the front cover.

Explore: Leaf Rubbings

MATERIALS: leaves, crayons, paper

- Take a walk to collect leaves. Or, find flat, textured items around your home.
- Place a leaf on the table and cover it with paper. Have your child color the paper over the leaf. Ask your child to talk about what they see.
- Helpful tips: You can tape the leaf to the back of the paper. Remove the crayon wrapper to color with the whole crayon.
**Morning Connection: Child Choice**

- Start your morning with calming breaths!
- Say, *Remember our calming breaths? Pick one we can try together!*
- Complete calming breaths.

**Math Talk: Number Walk**

MATERIALS: Paper, pencil

- Take a walk around your home or outside. Look for the number zero.
- Count how many zeros you and your child find.

**Independent Learning: Drawing Landscapes**

MATERIALS: Paper, crayons

- Have your child independently draw and write what they see out a window in your home.
- Later, talk about things in their drawing that are natural, like trees and human-made, like buildings.

**Literacy: Front Cover**

MATERIALS: Any book

- Give your child a book. Have them show you the front cover.
- Point to the title, author, and illustrator. Ask, What is the title? Who makes up the story? Who draws the pictures?

**Read: Sophie’s Garden**

- Read the book, *Sophie’s Garden*. As you read, have your child name the numbers on the page. Focus on 0-5.
- Want more tips on how to read the book? Check out the *book guide*. 

Mobile: Pinch to Zoom on the image or draw one of your own.
Week 2 Schedule

Monday: Day 6 Lessons
Tuesday: Day 7 Lessons
Wednesday: Day 8 Lessons
Thursday: Day 9 Lessons
Friday: Day 10 Lessons

COMING SOON