Welcome to the Every Child Ready @ Home calendar! Here, you will find activities designed for your young learner over the next four weeks. This calendar will focus on the natural world, dinosaurs, and fossils! Try all of the activities or pick those that work best for your family.

Visit AppleTree’s Distance Learning Page and social media regularly for additional resources and updates.

Getting Started:

Using the Calendar
Activities are organized by day. You can scroll through the days or click directly from the weekly calendar. You can also access the book of the week from the weekly schedule.

Daily Print Materials
Each day includes 5 activities for your child. There are often print materials. You do NOT need to print. You can show your child on a device or draw materials of your own. If you would like to see the daily materials, click Daily Print Materials at the top of each page.

Accessing Helpful Resources
Within lessons, you’ll find helpful links to additional resources, such as activity videos and examples.

2 Math: Weekly Calendar

MATERIALS: paper, marker or pencil
- Your child is still learning the days of the week. Sometimes they are unsure what will happen tomorrow.
- Make a weekly calendar. Talk about how weekends might be different than other days of the week. Point out special events, like calls to family. Say things like, Tomorrow is Tuesday, I don’t work on Tuesdays. Tomorrow, I will be home with you!
- Need inspiration? Check out our example.
Week 4 Schedule

**Monday**
- Morning Connection: Calming Strategy
- Math Talk: Number 3
- Independent Learning: Playing with Dinosaurs
- Literacy: One-Step Directions
- Read: *Go Together*

**Tuesday**
- Morning Connection: Calming Strategy
- Math Talk: Number 3
- Independent Learning: Dinosaur Masks
- Literacy: One-Step Directions
- Explore: Don’t Touch the Lava

**Wednesday**
- Morning Connection: Calming Strategy
- Math Talk: Number 3
- Independent Learning: Number 3
- Literacy: Two-Step Directions
- Read: *Go Together*

**Thursday**
- Morning Connection: Calming Strategy
- Math Talk: Number 3
- Independent Learning: Handprint Dinosaurs
- Literacy: Two-Step Directions
- Explore: Sink Bubbles

**Friday**
- Morning Connection: Calming Strategy
- Math Talk: Number 3
- Independent Learning: Writing About Fossils
- Literacy: Blending Syllables
- Read: *Go Together*
Morning Connection: Our Calming Space

MATERIALS: calming space, book

- Practice going to your calming space together.
- Pretend to be upset. Go to your calming space. Try feather breaths! Select something to try, like looking at the pictures in a book. Talk about your feelings. Encourage your child to go to your calming space when they are upset.
- Watch this video to set up your calming space.

Independent Learning: Play with Dinosaur

MATERIALS: pencils, tape, scissors, optional - Dinosaur Puppets

- Print or draw the dinosaurs. They will look great!
- Have your child independently color and cut out the dinosaurs.
- Later, help your child tape their dinosaur puppets to a pencil.
- Take on the role of a dinosaur and play pretend with your child.

Math Talk: Number 3

MATERIALS: Large Numeral 3

- Use the large number 3 or write your own.
- Show the three. Say, This is the number 3. Curve, curve. Have your child say the number.
- Ask your child, What number is this? If your child has trouble, say, This is 3. Say, 3.
- See how many 3’s you can find together throughout the day!
- Don’t worry if your child needs more time to learn the number 3.

Literacy: One-Step Directions

- Play a movement game to practice following one-step directions. Say a movement like, Clap your hands. Have your child pause between each movement. Repeat using different movements, like waving or putting a toy away.
- Switch roles. Your child gives the one-step direction and you complete the movement.

Read: Go Together

MATERIALS: Go Together book

- Read Go Together with your child. Then, match items that are different. Complete a scavenger hunt to find items that go together around the home like lamps and light bulbs or socks and shoes.
- Want more tips on how to read this book? Check out the book guide.
Morning Connection: Calming Strategies

- Find a comfortable place to sit. Say, *We are going to calm our bodies by seeing a picture in our minds.*
- With your child, close your eyes. In a calm voice, talk about a quiet place, like the park, beach, or a space in your home.
- Encourage your child to try to picture a quiet place in their mind as they sit with you.

Math Talk: Number 3

MATERIALS: Large Numeral 3
- Use the large number 3 or write your own.
- Show the 3. Say, *This is a 3. It’s a curve, curve.* Say, 3. Have your child say the number.
- Then, ask your child, *What number is this?*
- Don’t worry if your child needs more time to learn: the number 3!

Independent Learning: Dinosaur Masks

MATERIALS: paper, crayons, scissors, optional - string or shoelace, paper plate
- You can use the masks provided or use paper or paper plates to create your own.
- Have your child independently color or decorate the mask.
- Later, cut out the mask. You can tie a string or a shoelace to each side for your child to wear.

Literacy: One-Step Directions

- Play a movement game to practice following one-step directions. Say a movement like, *Touch your toes.* Have your child pause between each movement. Repeat using different movements, like make a happy face.
- Switch roles. Your child gives the one-step direction, you complete the movement.

Explore: Don’t Touch the Lava

MATERIALS: paper, crayon or marker, tape, optional - scissors
- Cut the paper to look like rocks large enough for your child to step. Label each “rock” with a number, 0 to 10. Make several of each number. Tape the numbered “rocks” to the floor.
- Play a number game. Call out a number. Have your child jump to the number without touching the “lava” (the floor).
- Call out different numbers as you continue to play.
Morning Connection: Calming Strategy

- Start your day with a stretch to add movement and calm to your day.
- Practice calming stretches. With your child, complete basic stretches like touching the toes, stretching the arms high above the head, and neck rolls.
- For more ideas, check out The Calm Body Book.

Math Talk: Number 3

MATERIALS: Large Numeral 3
- Use the large 3 or write your own.
- Say, We can make a 3 by writing a curve, curve. Trace the number as you talk.
- Have your child trace the 3 with their finger.
- Consider having your child write a 3 on several pieces of paper. Hide the 3's around your home. Have fun looking for the numbers!
- Don't worry if your child needs more time to learn the number 3!

Independent Learning: Number 3

MATERIALS: paper, pencil, crayons, Numeral 3
- Have your child trace the 3's independently. Use the provided sheets or make your own!
- Your child can color the 3 and the flowers.
- Later, ask, What number is this? Can you show me how to write a 3?

Literacy: Two-Step Directions

- Play a movement game to practice following two-step directions. Say two movements like, Clap your hands, stomp your feet. Have your child pause between each set of two directions. Repeat using different combinations of movements, like jumping, then stomping.
- Switch roles. Your child gives the two-step direction, you complete the movements.

Read: Go Together

- Read Go Together with your child. Then, match items that are the same. Have your child help you match pairs of socks. Ask, Do these socks match? How do you know?
- Want more tips on how to read the book? Check out the book guide.
Morning Connection: Calming Strategy

MATERIALS: stuffed toy or special item
- With your child, select a stuffed toy or special blanket to use as a calming strategy. Say, *When you feel sad or angry, you can hug your stuffed toy*. Together, practice hugging a special item.
- Place the selected item in your calming space.

Math Talk: Number 3

MATERIALS: Large Numeral 3
- Use the large 3 provided or write your own.
- Talk about writing 3. Say, *We can make a 3 by writing a curve, curve*. Trace the number as you talk.
- Have your child trace the 3 with their finger a few times.
- Don’t worry if your child needs more time to learn the number 3!

Independent Learning: Handprint Dinosaurs

MATERIALS: paper, crayons, *optional* - paint
- Have your child place their palm down on the paper and spread their fingers. Trace their hand. Their thumb is the neck and face of the dinosaur!
- Your child can **color** their hand and **add details**, like spikes or horns.
- If using paint, paint your child’s palm. Have them press their palm onto the paper. Once the paint dries, they can decorate.

Literacy: Two-Step Directions

- Play a movement game to practice following two-step directions. Say two movements like, **Do one jumping jack, then sit down**. Have your child pause between each set of two directions. Repeat using different combinations of movements.
- **Switch roles**. Your child gives the two-step direction, you complete the movements.

Explore: Sink Bubbles

MATERIALS: dish soap, kitchen items like slotted spoons, colanders, etc.
- Fill a sink or tub with water. Add some dish soap.
- Together, **play with the bubbles**. Use kitchen items to create more bubbles.
- Say, **Tell me about the bubbles. What do they look like? What size are the bubbles? What colors do you see in the bubbles?**

Mobile: Pinch to Zoom on the image or write one of your own.
**Morning Connection: Calming Strategy**

**MATERIALS:** paper, crayons

- Together, draw a picture. Say, **Drawing helps me feel calm and relaxed. If you need to calm your body, you can try drawing a picture.** Continue to draw together for several minutes.
- Keep crayons and paper accessible to your child throughout the day.

**Math Talk: Number Walk**

**MATERIALS:** paper, pencil

- **Take a walk** around your home or outside. Look for the number 3.
- **Count** how many 3’s you and your child find.
- You can add 0, 1, and 2 from the previous weeks!
- **Don’t worry if your child needs more time to learn the number 3!**

**Independent Learning: Writing About Fossils**

**MATERIALS:** paper, crayons or pencil, Paleontology and Excavation, optional - Fossils Sheet

- Use the sheet provided or make your own!
- Show your child the paleontology and excavation pictures. Your child can **independently draw and write** about being a scientist who finds fossils.
- Later, ask, **What type of fossils would you want to discover? How would you dig up the fossils?**

**Literacy: Blending Syllables**

- **Say,** Let’s practice blending syllables! Blend means to put together.
- **I will say two syllables.** Put them together and tell me the word.
  - Cray (pause) on. Cray-on. What’s the word?
- **Repeat using other two-syllable words** (pea-nut, in-sect, car-rot).

**Read:** Go Together!

- **Read Go Together** with your child. **Play a matching game.** Say an item, like cookie. See if your child can reply with a match, like milk. Repeat using other items.
- **Want more tips on how to read the book?** Check out the book guide.
# Unit 9 Week 1 Schedule

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**COMING SOON**